

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021 Independent Living



3
TV Worship Services
7:00 Ch. 8- Catholic Mass
9:00 Ch. 5- Church
10:00 Morning Exercise
1:00 Word
Kings In the Corners, Sorry, Chinese Checkers, Pool

4
10:00 Morning Exercise
1:15 Bridge
1:15 Hand and Foot
1:15 Dominoes
6:30 Evening Exercise

5
10:00 Morning Exercise
10:30 Bible Study
1:15 Bridge
1:30 Skip-Bo
2:30 Workout with Therapy
3:00 Bingo
6:00 Texas Hold'em
6:30 Evening Exercise

6
10:00 Morning Exercise
1:00 Shopping Outing (Walmart)
1:15 Mahjong
1:15 Rummikub
5:00 Dine-In (KC Joe's)
6:00 Hand and Foot
6:30 Evening Exercise

7
10:00 Morning Exercise
10:30 Church Services with Pastor Mike
1:15 Bridge
1:30 Dominoes
2:30 Workout with Therapy
3:00 Bingo
6:30 Evening Exercise

1
10:00 Morning Exercise
1:00 Bingo Store 1:15 Bridge
1:15 Rummikub
1:30 5 Crowns
3:00 Happy Hour Live Entertainer Marlin Cooper
6:30 Evening Exercise

2
Independent Activities
Word Search & Trivia Packet
10:00 Morning Exercise
1:15 Mahjong
1:15 Rummikub
3:00 Pool
6:30 Evening Exercise

10
TV Worship Services
7:00 Ch. 8- Catholic Mass
9:00 Ch. 5- Church
10:00 Morning Exercise
1:00 Word
Kings In the Corners, Sorry, Chinese Checkers, Pool

11
10:00 Morning Exercise
1:15 Bridge
1:15 Hand and Foot
1:15 Dominoes
6:30 Evening Exercise

12
10:00 Morning Exercise
10:30 Bible Study
1:15 Bridge
1:30 Skip-Bo
2:30 Workout with Therapy
3:00 Bingo
6:00 Texas Hold'em
6:30 Evening Exercise

13
10:00 Morning Exercise
1:00 Shopping Outing (Target)
1:15 Mahjong
1:15 Rummikub
5:00 Dine-In (Red Lobster)
6:00 Hand and Foot
6:30 Evening Exercise

14
10:00 Morning Exercise
10:30 Church Services with Pastor Mike
1:15 Bridge
1:30 Dominoes
2:30 Workout with Therapy
3:00 Bingo
6:30 Evening Exercise

15
10:00 Morning Exercise
1:00 Bingo Store
1:15 Bridge
1:15 Rummikub
1:30 5 Crowns
3:00 Happy Hour Live Entertainer Joseph Toma
6:30 Evening Exercise

16
Independent Activities
Word Search & Trivia Packet
10:00 Morning Exercise
1:15 Mahjong
1:15 Rummikub
3:00 Pool
6:30 Evening Exercise

17
TV Worship Services
7:00 Ch. 8- Catholic Mass
9:00 Ch. 5- Church
10:00 Morning Exercise
1:00 Word
Kings In the Corners, Sorry, Chinese Checkers, Pool

18
10:00 Morning Exercise
1:15 Bridge
1:15 Hand and Foot
1:15 Dominoes
6:30 Evening Exercise

19
10:00 Morning Exercise
10:30 Bible Study
1:15 Bridge
1:30 Skip-Bo
2:30 Workout with Therapy
3:00 Bingo
6:00 Texas Hold'em
6:30 Evening Exercise

20
10:00 Morning Exercise
1:00 Shopping Outing (Dollar Store)
1:15 Mahjong
1:15 Rummikub
5:00 Dine-In (Outback)
6:00 Hand and Foot
6:30 Evening Exercise

21
10:00 Morning Exercise
10:30 Church Services with Pastor Mike
1:15 Bridge
1:30 Dominoes
2:30 Workout with Therapy
3:00 Bingo
6:30 Evening Exercise

22
10:00 Morning Exercise
1:00 Bingo Store (by the dining room)
1:15 Bridge
1:15 Rummikub
1:30 5 Crowns
3:00 Happy Hour
6:30 Evening Exercise

23
Independent Activities
Word Search & Trivia Packet
10:00 Morning Exercise
1:15 Mahjong
1:15 Rummikub
3:00 Pool
6:30 Evening Exercise

24
TV Worship Services
7:00 Ch. 8- Catholic Mass
9:00 Ch. 5- Church
10:00 Morning Exercise
1:00 Word
Kings In the Corners, Sorry, Chinese Checkers, Pool

25
10:00 Morning Exercise
1:15 Bridge
1:15 Hand and Foot
1:15 Dominoes
6:30 Evening Exercise

26
10:00 Morning Exercise
10:30 Bible Study
1:15 Bridge
1:30 Skip-Bo
2:30 Workout with Therapy
3:00 Bingo
6:00 Texas Hold'em
6:30 Evening Exercise

27
10:00 Morning Exercise
1:00 Shopping Outing (Oak Park Mall)
1:15 Mahjong
1:15 Rummikub
5:00 Dine-In (Panera)
6:00 Hand and Foot
6:30 Evening Exercise

28
10:00 Morning Exercise
10:30 Church Services with Pastor Mike
1:15 Bridge
1:30 Dominoes
2:30 Workout with Therapy
3:00 Bingo
6:30 Evening Exercise

29
10:00 Morning Exercise
1:00 Bingo
1:15 Bridge
1:15 Rummikub
1:30 5 Crowns
3:00 Happy Hour Live Entertainer Reuben P.
6:30 Evening Exercise

30
Independent Activities
Word Search & Trivia Packet
10:00 Morning Exercise
1:15 Mahjong
1:15 Rummikub
3:00 Pool
6:30 Evening Exercise

31
TV Worship Services
7:00 Ch. 8- Catholic Mass
9:00 Ch. 5- Church
10:00 Morning Exercise
1:00 Word
Kings In the Corners, Sorry, Chinese Checkers, Pool

October- October's the month when the smallest breeze gives us a shower of autumn leaves.

Bonfires and pumpkins leaves sailing down-October is red and golden and brown.

October leaves are lovely they rustle when I run sometimes I make a heap and jump in them for fun!

Autumn leaves float quietly down and form a carpet on the ground, but when those leaves are stepped upon, listen for the crackling sound!